

BLUE SEPTEMBER



Prostate Cancer
Foundation NZ
Te Kāhui Mātē Pukupuku Repe Tātea o Aotearoa Manatōpū



Ride

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------------------------|--|-------------------------------------|--------------------------|-------------------------------|-------------------------|--|
| 1 Blue September begins! | 2 | 3 Hows training going? | 4 | 5 Share on socials! | 6 | 7 Happy Father's Day! |
| 8 | 9 Share on socials! | 10 | 11 Are you on target? | 12 | 13 You're a STAR | 14 |
| 15 | 16 Halfway there! | 17 | 18 | 19 Hows training going? | 20 | 21 Joined our Blue September FB group yet? |
| 23 | 24 | 25 How many Km have you done? | 26 | 27 | 28 You can do it! | 29 |
| 30 You did it! | every dollar you raise helps us tackle prostate cancer together - thank you | | | | | |